“I learned to love myself more.”

“I have gained the confidence to understand my daughters and support them.”

“I have learned to be a better mom.”

“We talk more. I now try to use discipline in a different way than my parents did with me.”

“My child is more loving, educated, organized and calm.”

98% of Learning with Love parents report:

Because of the program I know more about how to keep my child healthy.

85% of Learning with Love parents report:

I read more to my child.
The Program

Learning with Love is a unique, evidence-informed program for parents and children zero to three years old. Using the Parents As Teachers curricula and FocusedKids™ methods, 48 parent/child pairs participate in group classes and receive one-on-one home visits from teachers. Parents gain knowledge about early childhood development, child nutrition, and self-regulation skills.

Parent Outcomes

Learning with Love participants gain confidence in themselves and in their parenting abilities. Significant behavioral change was found for the program-specific goals of increased patience with child, better understanding of developmental topics, and providing a consistent routine. Perceived stress decreased from pre- to post- for 66%* of parents.

85% of participants read more to their child
73%* increased their sense of parenting competence
82%* increased involvement in their child’s education

*denotes a statistically significant improvement

Community Engagement

Learning with Love families feel safer in their community because of their participation in the program. Parents are more engaged in the community and use more community resources thanks to Learning with Love.

79%* of participants increased feelings of community integration
80%* of participants report being more engaged in the community

Child Outcomes

The ASQ-3 questionnaire is used as a screening tool to determine deficits in child development over five domains. From Fall to Spring, there was a decrease in children who fall below the cutoff for potential developmental deficits.

Percentage of children above cutoff for potential developmental deficits, as per the ASQ-3 from Fall to Spring

LWL Parents Access More Community Resources Thanks to the Program

<table>
<thead>
<tr>
<th>Resource</th>
<th>Participation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colorado Mountain College</td>
<td>58%</td>
</tr>
<tr>
<td>Family Resource Center</td>
<td>46%</td>
</tr>
<tr>
<td>Child’s School Resources</td>
<td>40%</td>
</tr>
<tr>
<td>Public Libraries</td>
<td>29%</td>
</tr>
<tr>
<td>Mountain Family Health Center</td>
<td>15%</td>
</tr>
</tbody>
</table>

79% of participants report being more engaged in the community
80% of participants read more to their child
73% increased their sense of parenting competence
82% increased involvement in their child’s education

*denotes a statistically significant improvement
“My daughter is more outgoing, more confident in herself. She reads more and uses words that I don’t even use.”

“My son is more sociable, he does not feel embarrassed anymore, like he did before El Busesito.”

“My son feels very enthusiastic about going to school and that motivates me to fight every day for his learning.”

“My son started off very shy, but I have seen him come out of his shell, grow and make friends.”

98% of El Busesito Parents report:

I have a better understanding of my child’s development.

I would recommend this program.
The Program

A fleet of 3 “little buses” travel to 12 neighborhoods in Glenwood Springs, El Jebel, Basalt, and Carbondale. They provide 5 hours per week of bilingual preschool education to 96 children. These children of immigrant families would otherwise have no access to pre-K education. Staff engage parents as volunteers and partners in their children’s education.

Student Outcomes

El Busesito students arrive at Kindergarten ready to learn. High expectations for attendance and parent involvement set the stage for future academic success. Children and their parents learn to develop routines, make reading a priority in their daily lives, and engage in educational activities together. Many parents report seeing their child gain confidence and social skills.

Outcomes are measured using TS GOLD, which has been shown to predict future academic success.

Two-Generation Impacts

Engaging parents as partners in their child’s education engenders confidence and accountability. Parents receive home visits from teachers and ‘activity bags’ with books and developmentally-appropriate activities to share with their child. They also attend 4 Family Nights focused on fostering parents’ engagement in educational activities, such as reading at the annual pajama party.

91% increase in parental involvement in educational activities*

54% reported an increase in their sense of parenting competence*

73% increase in using books with their child

*denotes a statistically significant improvement

Community Resources

El Busesito Preschool connects families with the wider community. Data shows that El Busesito parents use more community resources due to program participation. Year after year, El Busesito creates more confident community members, and more engaged parents.

“Before the program, I did not know about all the resources for Latinos”

“The Bus has helped me, because before I did not have support from anyone.”

“It has helped me a lot. Now I know how to take my son to the library.”
“I have gained knowledge on how to care for a child, and understand that this is like a second home.”

“The program helps me value the work I do.”

“I have learned about nutrition for myself and for the children.”

“I gained a lot of confidence in myself.”

“I gained knowledge and became a better person.”

86% of FFN participants report:

I have a safety plan for the children in my care.

100% of FFN participants report:

I have a better understanding of child development.
The Program

Using a Parents As Teachers curriculum, this home-based program connects isolated, informal caregivers of young children with essential coaching, materials, and training to improve their services. Staff provide one group session and two home visits monthly, increasing the safety and quality of care for many low-income children in informal care settings.

Participant Outcomes

The flourishing scale is an eight item summary measure of the respondent’s self-perceived success in areas such as relationships, self-esteem, purpose, and optimism. **Eighty-one percent** of FFNs reported an increased sense of flourishing after the program. FFNs also reported increased feelings of community integration, and utilized more community resources due to program participation.

FFNs access more community resources thanks to the program

<table>
<thead>
<tr>
<th>Community Resource</th>
<th>Access Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Library</td>
<td>91%</td>
</tr>
<tr>
<td>Public Parks</td>
<td>81%</td>
</tr>
<tr>
<td>Mountain Family Health Center</td>
<td>81%</td>
</tr>
<tr>
<td>Community Gardens</td>
<td>57%</td>
</tr>
</tbody>
</table>

**Parent/Caregiver Relationship**

Trust and communication are key in fostering a healthy relationship between a care provider and a parent. The evaluator used The Parent-Caregiver Relationship Scale to measure the perceived quality of the relationship between the parent and caregiver of an infant or toddler. Questions include: *my communication is open with the parent, I take time to discuss care with the parent, we talk about problems right away, and I truly value the parent’s opinions.*

The evaluator found a significant increase in the quality of the parent/caregiver relationship after the program for **ninety-five percent** of FFNs.

Two-Generation Impacts

Increased knowledge about safety and child development positively impacted over 130 children cared for by 22 informal caregivers in 2017-2018. **One hundred percent** of participating FFNs report that they provide children with a better quality of care and a better learning environment after completing the program.

Five measures were created to address the specific goals of the program. Caregivers were asked to indicate their frequency of the following behaviors (see below). The response options range from 1 (Never) to 5 (Everyday). Significant improvements were found on each of the five goals.

**FFN participants significantly improved on program-specific goals**

- Reflecting Before FFN
- Reflecting After FFN
- Everyday
  - Active Listening, 3
  - Sing with the Children, 2.85
  - Create Activities, 2.62
  - Ground Play, 2.48
  - Read to the Children, 2.2

* denotes a statistically significant improvement
“Parent Mentor has helped me to become a better person, and to help others.”

“I am more confident in myself. If I need help I can ask for it. I feel stronger to overcome my problems.”

“I learned the importance of being involved in my children’s school, doing homework and reading to them.”

“In Parent Mentor, I gained my life, confidence, and purpose.”

65% of Parent Mentors report:
I am more confident when I ask questions.

57% of Parent Mentors report:
I am more social thanks to Parent Mentor.
The Program
Parent Mentor is an empowerment and engagement program aimed at increasing parent participation in local schools and the community while addressing language and cultural barriers. Parent Mentors volunteer 300 hours each year in the classroom, attend weekly trainings, and engage in personal goal-setting.

Participant Impact
Parent Mentors report feeling more confident in themselves and in their relationships with teachers and schools. Participants in the program report fewer feelings of stress and depression than they did in pre-surveys.

Community Involvement
The Parent Mentor program acts as a bridge between the Latinx community and the Roaring Fork School District, and extends beyond the schools.

Seventy-three percent of Parent Mentors report being significantly more engaged in their community due to the program.

Classroom Impact - Teacher’s Report

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>81%</td>
<td>My students have improved effort related to classwork</td>
</tr>
<tr>
<td>87%</td>
<td>My students have improved their attitude toward learning</td>
</tr>
<tr>
<td>84%</td>
<td>My students have improved class participation</td>
</tr>
<tr>
<td>87%</td>
<td>My students have improved confidence about their school work</td>
</tr>
<tr>
<td>100%</td>
<td>100% of teachers want their future students to have a parent mentor in the classroom</td>
</tr>
</tbody>
</table>

64 Parent Mentors
Support approx. 1,140 children with 14,187 hours of classroom service
“I have gained a lot of confidence and I am capable of achieving my goals.”

“I don’t feel embarrassed when talking to my peers anymore.”

“I became more social, and have more knowledge to help my children.”

“I am more independent and more social. I have learned to love myself.”

99% of Lifelong Learners report:
I feel confident that I can keep achieving.

91% of Lifelong Learners report:
I understand more about what I read.
The Program

Lifelong Learning provides adult education classes in Spanish to over 100 adults each year, many of whom have less than a sixth-grade education. Adults learn English, computer skills, Spanish literacy, Language Arts, Math, and more. A strong partnership with Colorado Mountain College connects Lifelong Learning graduates with opportunities for GED prep and higher education.

Participant Outcomes

Lifelong Learning students are more confident community members, better able to access resources, and feel they have more opportunities to improve their lives after the program. Being a Lifelong Learner helps foster a sense of empowerment, and creates opportunities for social connections as well as increased life skills. One hundred percent of Lifelong Learners would recommend this program to others.

Two-Generation Impact

Most Lifelong Learning students are also parents, and the benefits of their education extend to their children. Students report that they feel more comfortable in helping children with homework and navigating their child’s school. After the program, more students report that they are a good role model, and increased parent/child interactions like reading together, doing homework together, and practicing English.

Community Engagement

Lifelong Learning empowers participants to engage in the wider community, and gives them the tools they need to access resources, engage in their children’s schools, and feel confident when interacting with English-speaking community members.

87%* of Lifelong Learners report an increased sense of self esteem.

96% report increased math skills.

92% report increased computer skills.

82%* of participants increased core life skills

45% report that they read more to their child

75%* increased involvement in their child’s education

77%* of Lifelong Learners are more engaged in the community

97% There are more people I can count on for help if I really need it

82% I feel more comfortable in my community

65% I am more confident when I ask questions

51% I am more social

33% I speak better in English

*denotes a statistically significant improvement